

Therapeutic Conversation Service

Unable to get the practice for face to face counselling?
We can provide therapeutic support from fully insured
& professionally registered, qualified counsellors
(BACP) over email, through our Therapeutic
Conversation Service.

How does it work?

Express your interest through emailing
info@riverwoodcounselling.co.uk we will
then send through joining information, once confirmed
you can email over your own reflections, current process
and difficulties through reflective writing. (there is no
word limit)

Your designated counsellor will then reply within 48
hours with a password protected detailed response of
their reflections, exploring your difficulties with you and
providing supportive resources if appropriate.

Cost of service : £25 per counsellor response

